

UW Medicine

DEPARTMENT OF PSYCHIATRY  
AND BEHAVIORAL SCIENCES



# Perinatal Psychiatry Consultation Line

*Providing telephone consultation to healthcare providers caring for women with mental health needs during pregnancy and postpartum*

**(206) 685 – 2924**

**Weekdays from 3-5 PM**

# Perinatal Psychiatry Telephone Consultation Information

## **Who can call the Perinatal Psychiatry Consultation Line?**

*Any health care provider in Washington State.*

## **What kinds of questions can I call about?**

*We can consult on any mental health-related questions for patients who are pregnant, in the first year postpartum, or who have pregnancy-related complications (e.g. pregnancy loss, infertility). Topics may include:*

- Depression, anxiety, or other psychiatric disorders (e.g., bipolar disorder, post-traumatic stress disorder)*
- Adjustment to pregnancy loss, complications, or difficult life events*
- Risks of psychiatric medications*
- Non-medication treatments*

## **What services do we offer?**

- Telephone consultation and recommendations*
- Referrals to community resources*

## **Who provides telephone consultation?**

*Faculty members in the UW Department of Psychiatry and Behavioral Sciences with expertise in perinatal mental health.*

## **How do I call?**

*Call 206-685-2924 and leave your name and phone number. We respond to calls Monday through Friday between 3-5 PM, usually within one working day.*

**For more information, contact:**

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