



# Washington State Obstetrical Association 2020 Annual Meeting

**ACOG WASHINGTON SECTION**

**December 4, 2020**

Virtual Meeting via ZOOM



S. Bharathwaj, Creative Commons

## ■ **SPEAKERS:**

- ❖ **Aaron Caughey, MD, PhD**
- ❖ **Janet Englund, MD**
- ❖ **Bettina Paek, MD**
- ❖ **Jamie Clark, BSN, RNC-OB, C-EFM, C-ONQS**
- ❖ **Michelle Garzon, JD, Principle, FAVROS LAW**
- ❖ **Anita Showalter, DO, FACOG (Dist.)**
- ❖ **Jennifer Chin, MD, Angela Chein, MD**
- ❖ **Jennifer Katz Eriksen, MD**

# Schedule-at-a-Glance | WSOA 2020 Annual Meeting

December 4, 2020  
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## ■ FRIDAY | DECEMBER 4

7:30 - 8:00AM	Login/Welcome / Introduction
8:15 - 9:00AM	Fetal Heart Rate Monitoring - Aaron Caughey MD, PHD
9:00 - 9:45AM	Team Birth Project - Bettina Paek, MD & Angela Chien, MD
9:45 - 10:30AM	OMT in Pregnancy - Anita Showalter, DO, FACOOG(Dist.)
10:30 - 10:45AM	Q & A
10:45 - 11:00AM	Break
11:00 - 11:45AM	Eat/Sleep/Console Project : Supporting Families with Substance Use Disorders - Jamie Clark, BSN, RNC-OB, C-EFM, C-ONQS
11:45- 12:30PM	Maternal Immunizations/What's New?- Janet Englund, MD
12:30- 1:15PM	COVID-19 in Pregnancy- Jennifer Katz Eriksen, MD
1:15- 1:30PM	Q & A
1:30- 1:45PM	Break
1:45- 2:30PM	Social Media Backlash- Michelle Garzon, JD, Principle, FAVROS LAW
2:30- 3:15PM	Trauma Informed Care in Obstetrics- Jennifer Chin, MD, & Angela Chein, MD
3:15- 3:30PM	Q & A
3:30- 4:00PM	Business Meeting

### ■ Meeting OBJECTIVES:

- Discuss changes that occur to the fetal heart rate tracing in the second stage of labor
- Identify methods to ensure adequate fetal monitoring
- Delineate clinical approaches to second stage management
- Identify how the opioid epidemic has impacted substance use disorders in pregnancy
- Improve understanding of the patient & family perspective entering care for delivery
- Improve understanding of the benefits of the Eat-Sleep-Console Method for families
- Improving the understanding of trust between providers and patients with SUD's as it correlates to perinatal outcomes.
- Identify current vaccines recommended for administration during pregnancy and the rationale for their administration
- Understand timing of administration of vaccines during pregnancy
- List new vaccine candidates under study for administration during pregnancy
- Describe the mind/body/spirit model of care for the female patient
- Define somatic dysfunction as the presence of tenderness, asymmetry, restriction in range of motion, or tissue texture changes.
- Understand the role of the structural examination for osteopathic care
- Know when referral for osteopathic treatment is appropriate
- Be aware of training opportunities if more information is desired
- Understand the legal issues, guidelines, and risks involved in social media use;
- Identify and protect patient privacy rights;
- Consider options and restrictions for handling negative online reviews;
- Avoid unintended consequences from using social media in professional practices.
- Discuss trends in cesarean delivery rates in the US
- Discuss the benefits of communication and team work
- Describe the approach outlined by the Team Birth project
- Define trauma and trauma-informed care,
- Describe a trauma-informed approach to prenatal care,
- Describe a trauma-informed approach to labor and delivery



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**REGISTRATION FORM** (please type or print clearly)

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Full Name \_\_\_\_\_

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Group/Hospital \_\_\_\_\_

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Address _____	City _____	State _____	Zip _____
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Phone _____	Email* _____
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*\*Please be sure to include your email. We will email you a receipt as well as the electronic syllabus link.*

**Conference registration fee includes your CME tuition and an e-syllabus.**

**■ CONFERENCE REGISTRATION**

- |  |                      |       |
|--|----------------------|-------|
| <input type="checkbox"/> WSOA Member             | \$99.00              | _____ |
| <input type="checkbox"/> Non-Member              | \$125.00             | _____ |
| <input type="checkbox"/> Life Member             | \$99.00              | _____ |
| <input type="checkbox"/> RN's and Midwife        | \$99.00              | _____ |
| <input type="checkbox"/> Fellow                  | \$99.00              | _____ |
| <input type="checkbox"/> Support a Resident      | \$99.00              | _____ |
| <input type="checkbox"/> Resident                | <i>Complimentary</i> | _____ |
| <input type="checkbox"/> <b>PAY MY 2021 DUES</b> | \$135.00             | _____ |

**TOTAL ENCLOSED:** \_\_\_\_\_

**■ PAYMENT**

Mail to: **WSOA**, PO Box 14032 Olympia, WA 98508

- Enclosed is my check made payable to: **WSOA**
- Credit Card Payment ▶ **Pay online at [www.wsoaonline.org](http://www.wsoaonline.org) You do not need to have a PayPal account.**

**CANCELLATION POLICY:** We must receive written notification of your cancellation. A \$25 admin/processing fee will be deducted from the registration refund. No refunds will be issued after November 20, 2020.

**INQUIRES:** Contact the WSOA Office at 360-561-3480, or send an email to: [admin@wsoaonline.org](mailto:admin@wsoaonline.org)



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Obstetrical Association**  
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# Washington State Obstetrical Association

## 2020 ANNUAL MEETING

### ■ ACCME ACCREDITATION

The American College of Obstetricians and Gynecologists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### ■ AMA PRA CATEGORY 1 CREDIT(S)<sup>™</sup>

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of **9.5 AMA PRA Category 1 Credits<sup>™</sup>**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ■ COLLEGE COGNATE CREDIT(S)

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of **9.5 Category 1 College Cognate Credits**. The College has a reciprocity agreement with the AMA that allows **AMA PRA Category 1 Credits<sup>™</sup>** to be equivalent to College Cognate Credits.

### DISCLOSURE OF FACULTY AND INDUSTRY RELATIONSHIPS

In accordance with College policy, all faculty and planning committee members have signed a conflict of interest statement in which they have disclosed any financial interests or other relationships with industry relative to topics they will discuss at this program. At the beginning of the program, faculty members are required to disclose any such information to participants.