

# Washington State Obstetrical Association 2018 Annual Meeting

“CARING FOR THE MOTHER-CHILD PAIR;  
SUCCESSSES, CHALLENGES & FUTURE”

ACOG WASHINGTON SECTION  
November 30–December 1, 2018  
The Fairmont Olympic Hotel 📍 Seattle, WA



## ■ SPEAKERS:

**Catherine Albright, MD, MS**  
*Assistant Professor,  
Div. Maternal Fetal Medicine  
Dept. of Obstetrics and Gynecology  
UW Medicine*

**Ian Bennett, MD, PhD**  
*Professor, Depts. of Family Medicine &  
Psychiatry and Behavioral Sciences  
Adjunct Professor  
Dept. of Global Health, UW Medicine*

**Amritha Bhat, MD, MPH**  
*Acting Assistant Professor  
Dept. of Psychiatry and Behavioral  
Sciences  
UW Medicine*

**Haywood Brown, MD**  
*Professor, Vice President for Diversity,  
Inclusion & Equal Opportunity  
Assoc. Dean for Diversity  
Morsani College of Medicine  
Univ. South Florida Health System*

**Suchi Chandrasekaran, MD, MCSE**  
*Assistant Professor  
Div. of Maternal Fetal Medicine  
Dept. of Obstetrics and Gynecology  
UW Medicine*

**Emily Fay, MD**  
*Senior Fellow  
Div. Maternal Fetal Medicine  
Dept. of Obstetrics and Gynecology  
UW Medicine*

**Lieutenant Governor Cyrus Habib**  
*State of Washington*

**Alisa Kachikas, MD**  
*Acting Assist. Professor  
Div. Maternal Fetal Medicine  
Dept. of Obstetrics and Gynecology  
UW Medicine*

**Jennifer Katz Eriksen, MD**  
*Senior Fellow  
Opioid use in postpartum pain management  
Div. Maternal Fetal Medicine  
Dept. of Obstetrics and Gynecology  
UW Medicine*

**Paul Knoefler, PhD**  
*Professor, Dept. of Cell Biology and Human Anatomy  
UC Davis School of Medicine*

**Christina Lockwood, PhD, DABCC, DABMGG**  
*Associate Professor  
Director, Genetics and Solid Tumor Diagnostics Laboratory  
Dept. of Laboratory Medicine  
UW Medicine*

**Lorna Marshall, MD**  
*Obstetrics and Gynecology  
Reproductive Endocrine Infertility  
Pacific Northwest Fertility*

**Erin S. Oehler, MS, LCGC**  
*Genetic Counseling Supervisor  
Maternal and Infant Care Center and Prenatal Diagnosis  
Clinic  
UW Medicine*

**Neel Shah, MD, MPP**  
*Assistant Professor  
Obstetrics and Gynecology and Reproductive Biology  
Director of the Delivery Decisions Initiative  
Harvard's Adriane Labs  
Harvard Medical School*

# Schedule-at-a-Glance | WSOA 2018 Annual Meeting

November 30–December 1, 2018

The Fairmont Olympic Hotel ☞ 411 University St. ☞ Seattle, WA

## ■ FRIDAY | NOVEMBER 30

7:30–8:15 AM	Registration/Continental Breakfast
8:15–8:30 AM	Welcome / Introduction
8:30–9:15 AM	Haywood Brown, MD <i>Maternal and Child Health: Prenatal to Postpartum</i>
9:15–10:00 AM	Ian Bennett, MD, PhD Amritha Bhat, MD, MPH <i>Perinatal depression: Implementing evidence-based care processes</i>
10:00–10:15 AM	Q & A
10:15–10:45 AM	Break/Visit Exhibits
10:45–12:00 PM	OB Clinical Pearls
10:45–11:00 AM	Alisa Kachikis, MD <i>Tranexamic Acid and OB Hemorrhage</i>
11:00–11:15 AM	Emily Fay, MD <i>Diabetes Management and CBG Goals</i>
11:15–11:30 AM	Jennifer Katz-Erikson, MD <i>Opioid Use in Postpartum Pain Management</i>
11:30–12:00 PM	Catherine Albright, MD, MS Suchi Chandrasekaran, MD, MCSE <i>Metabolic Syndrome in Pregnancy and How to Talk About It</i>
12:00–12:15 PM	Q & A
12:15–1:30 PM	Break with Exhibitors/Lunch
1:30–2:15 PM	Christina Lockwood, PhD Erin Oehler, MS, GCG <i>cfDNA–Not Just Prenatal Screening</i>

## ■ FRIDAY | NOVEMBER 30 (continued)

2:15–3:00 PM	Paul Knoepfler, PhD <i>Gene Editing/CRISPR - Opportunities and Challenges in Obstetrics</i>
3:00–3:15 PM	Q & A
3:15–3:30 PM	Break with Exhibitors
3:30–4:15 PM	Neel Shah, MD, MPP <i>Delivery Decisions and Teamwork Culture</i>
4:15–4:30 PM	Q & A
4:30–6:00 PM	Hosted Reception

## ■ SATURDAY | DECEMBER 1

7:30 AM	ACOG Meeting
7:30–8:15 AM	Registration/Breakfast
8:15–9:00 AM	WSHA <i>Washington DOH–Severe Maternal Morbidity</i>
9:00–9:15 AM	Lorna Marshall, MD <i>Surrogacy in Washington</i>
9:15–9:45 AM	The Honorable Cyrus Habib, Washington Lieutenant Governor <i>Advocacy &amp; the Legislative Process</i>
9:45–10:15 AM	Q & A
10:15–10:30 AM	Break with Exhibitors
10:30–12:00 PM	Presentation of the Distinguished Service Award Honoring Dr. Thomas Easterling; Raffle, WSOA Business, Passing of the Gavel

### ■ Meeting OBJECTIVES:

- Define metabolic syndrome and how it impacts pregnancy
- Identify the lifetime risk associated with metabolic syndrome in pregnancy  
Discuss with patients the lifetime risk of metabolic syndrome
- Define pharmacologic properties of tranexamic acid
- Identify outcomes of studies exploring the use of tranexamic acid for prevention and for treatment of postpartum hemorrhage Identify possible clinical applications of tranexamic acid in obstetrics
- Identify the fundamental changes in Washington State Law regarding paid surrogate arrangements
- Understand the difference between genetic and gestational surrogacy arrangements and how that may impact your patients
- Identify some of the complex legal, ethical, and social issues involved in surrogacy so that you can anticipate some of the situations your practice could face
- Discuss the advantage of cell-free DNA Prenatal aneuploidy screening
- Recognize the challenges of detecting fetal aneuploidy from maternal cell-free DNA List common causes of false negative and false positive cfDNA screening results
- Describe secondary or incidental finding that may arise from cell-free DNA prenatal aneuploidy screening
- Identify the pharmacologic options available for management of GDM
- Discuss the recommendations from both the ACOG and SMFM
- Identify appropriate blood sugar targets for GDM management
- Discuss the epidemiology of the opioid epidemic in pregnant women
- Discuss the maternal, fetal, and neonatal risks of opioid use in pregnancy
- Identify considerations for the utilization of opioids for management of postpartum pain in the opioid-naïve patient



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## REGISTRATION FORM *(please type or print clearly)*

Full Name		Name for Badge		
Group/Hospital				
Address		City	State	Zip
Phone		Email*		

**\*Please be sure to include your email. We will email you a receipt as well as the electronic syllabus link.**

Conference registration fee includes your CME tuition, an e-syllabus, breakfast and lunch on Friday, the Friday night reception and breakfast on Saturday for attendee only. Guests/spouse are welcome to attend the reception for an additional \$40 each.

- My food preference is gluten free     My food preference is vegetarian     My food preference is vegan
- I will attend the Friday Night Reception immediately following the meeting.

### ■ CONFERENCE REGISTRATION

- |  |          |       |
|--|----------|-------|
| <input type="checkbox"/> WSOA Member                   | \$425.00 | _____ |
| <input type="checkbox"/> Non-Member                    | \$575.00 | _____ |
| <input type="checkbox"/> RN's and Midwife              | \$295.00 | _____ |
| <input type="checkbox"/> Life Member and Administrator | \$295.00 | _____ |
| <input type="checkbox"/> Reception Guest               | \$40.00  | _____ |
| <input type="checkbox"/> Support a Resident            | \$100.00 | _____ |
| <input type="checkbox"/> <b>PAY MY 2019 DUES</b>       | \$135.00 | _____ |

**TOTAL ENCLOSED:** \_\_\_\_\_

### ■ PAYMENT

Mail to: **WSOA**, 14113 150th Pl SE • Renton, WA 98059

- Enclosed is my check made payable to: **WSOA**
- Credit Card Payment ▶ **Pay online at [www.wsoaonline.org](http://www.wsoaonline.org) You do not need to have a PayPal account.**



**Washington State  
Obstetrical Association**

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Renton, WA 98059

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# Washington State Obstetrical Association

## 2018 ANNUAL MEETING

### ■ ACCME ACCREDITATION

The American College of Obstetricians and Gynecologists is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### ■ AMA PRA CATEGORY 1 CREDIT(S)<sup>™</sup>

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of **8 AMA PRA Category 1 Credits<sup>™</sup>**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ■ COLLEGE COGNATE CREDIT(S)

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of **8 Category 1 College Cognate Credits**. The College has a reciprocity agreement with the AMA that allows **AMA PRA Category 1 Credits<sup>™</sup>** to be equivalent to College Cognate Credits.

### DISCLOSURE OF FACULTY AND INDUSTRY RELATIONSHIPS

In accordance with College policy, all faculty and planning committee members have signed a conflict of interest statement in which they have disclosed any financial interests or other relationships with industry relative to topics they will discuss at this program. At the beginning of the program, faculty members are required to disclose any such information to participants.

### The Fairmont/Olympic Hotel

411 University Street  
Seattle, WA 98101  
206-621-1700

Group room rates start at \$255 plus applicable taxes. Call the hotel directly at 206-621-1700 ext. 3131. Be sure to mention Washington State Obstetrical Association (WSOA) to receive the group room rate. Space is limited!