

Washington State Obstetrical Association 2018 Annual Meeting

“CARING FOR THE MOTHER-CHILD PAIR; SUCCESSSES, CHALLENGES & FUTURE”

ACOG WASHINGTON SECTION
November 30 – December 1, 2018
The Fairmont Olympic Hotel 📍 Seattle, WA



■ **SPEAKERS:**

Catherine Albright, MD, MS
*Assistant Professor,
Div. Maternal Fetal Medicine
Dept. of Obstetrics and Gynecology
UW Medicine*

Ian Bennett, MD, PhD
*Professor, Depts. of Family Medicine &
Psychiatry and Behavioral Sciences
Adjunct Professor
Dept. of Global Health, UW Medicine*

Amritha Bhat, MD, MPH
*Acting Assistant Professor
Dept. of Psychiatry and Behavioral
Sciences
UW Medicine*

Haywood Brown, MD
*Professor, Vice President for Diversity,
Inclusion & Equal Opportunity
Assoc. Dean for Diversity
Morsani College of Medicine
Univ. South Florida Health System*

Suchi Chandrasekaran, MD, MCSE
*Assistant Professor
Div. of Maternal Fetal Medicine
Dept. of Obstetrics and Gynecology
UW Medicine*

Emily Fay, MD
*Senior Fellow
Div. Maternal Fetal Medicine
Dept. of Obstetrics and Gynecology
UW Medicine*

Lieutenant Governor Cyrus Habib
State of Washington

Alisa Kachikas, MD
*Acting Assist. Professor
Div. Maternal Fetal Medicine
Dept. of Obstetrics and Gynecology
UW Medicine*

Jennifer Katz Eriksen, MD
*Senior Fellow
Opioid use in postpartum pain management
Div. Maternal Fetal Medicine
Dept. of Obstetrics and Gynecology
UW Medicine*

Paul Knoefler, PhD
*Professor, Dept. of Cell Biology and Human Anatomy
UC Davis School of Medicine*

Christina Lockwood, PhD, DABCC, DABMGG
*Associate Professor
Director, Genetics and Solid Tumor Diagnostics Laboratory
Dept. of Laboratory Medicine
UW Medicine*

Lorna Marshall, MD
*Obstetrics and Gynecology
Reproductive Endocrine Infertility
Pacific Northwest Fertility*

Erin S. Oehler, MS, LCGC
*Genetic Counseling Supervisor
Maternal and Infant Care Center and Prenatal Diagnosis
Clinic
UW Medicine*

Neel Shah, MD, MPP
*Assistant Professor
Obstetrics and Gynecology and Reproductive Biology
Director of the Delivery Decisions Initiative
Harvard's Adriane Labs
Harvard Medical School*

Schedule-at-a-Glance | WSOA 2018 Annual Meeting

November 30–December 1, 2018

The Fairmont Olympic Hotel ☞ 411 University St. ☞ Seattle, WA

■ FRIDAY | NOVEMBER 30

7:30–8:15 AM	Registration/Continental Breakfast
8:15–8:30 AM	Welcome / Introduction
8:30–9:15 AM	Haywood Brown, MD <i>Maternal and Child Health: Prenatal to Postpartum</i>
9:15–10:00 AM	Ian Bennett, MD, PhD Amritha Bhat, MD, MPH <i>Perinatal depression: Implementing evidence-based care processes</i>
10:00–10:15 AM	Q & A
10:15–10:45 AM	Break/Visit Exhibits
10:45–12:00 PM	OB Clinical Pearls
10:45–11:00 AM	Alisa Kachikis, MD <i>Tranexamic Acid and OB Hemorrhage</i>
11:00–11:15 AM	Emily Fay, MD <i>Diabetes Management and CBG Goals</i>
11:15–11:30 AM	Jennifer Katz-Erikson, MD <i>Opioid Use in Postpartum Pain Management</i>
11:30–12:00 PM	Catherine Albright, MD, MS Suchi Chandrasekaran, MD, MCSE <i>Metabolic Syndrome in Pregnancy and How to Talk About It</i>
12:00–12:15 PM	Q & A
12:15–1:30 PM	Break with Exhibitors/Lunch
1:30–2:15 PM	Christina Lockwood, PhD Erin Oehler, MS, GCG <i>cfDNA–Not Just Prenatal Screening</i>

■ FRIDAY | NOVEMBER 30 (continued)

2:15–3:00 PM	Paul Knoepfler, PhD <i>Gene Editing/CRISPR - Opportunities and Challenges in Obstetrics</i>
3:00–3:15 PM	Q & A
3:15–3:30 PM	Break with Exhibitors
3:30–4:15 PM	Neel Shah, MD, MPP <i>Delivery Decisions and Teamwork Culture</i>
4:15–4:30 PM	Q & A
4:30–6:00 PM	Hosted Reception

■ SATURDAY | DECEMBER 1

7:30 AM	ACOG Meeting
7:30–8:15 AM	Registration/Breakfast
8:15–9:00 AM	WSHA <i>Washington DOH–Severe Maternal Morbidity</i>
9:00–9:15 AM	Lorna Marshall, MD <i>Surrogacy in Washington</i>
9:15–9:45 AM	The Honorable Cyrus Habib, Washington Lieutenant Governor <i>Advocacy & the Legislative Process</i>
9:45–10:15 AM	Q & A
10:15–10:30 AM	Break with Exhibitors
10:30–12:00 PM	Presentation of the Distinguished Service Award Honoring Dr. Thomas Easterling; Raffle, WSOA Business, Passing of the Gavel

■ Meeting OBJECTIVES:

- Define metabolic syndrome and how it impacts pregnancy
- Identify the lifetime risk associated with metabolic syndrome in pregnancy
Discuss with patients the lifetime risk of metabolic syndrome
- Define pharmacologic properties of tranexamic acid
- Identify outcomes of studies exploring the use of tranexamic acid for prevention and for treatment of postpartum hemorrhage Identify possible clinical applications of tranexamic acid in obstetrics
- Identify the fundamental changes in Washington State Law regarding paid surrogate arrangements
- Understand the difference between genetic and gestational surrogacy arrangements and how that may impact your patients
- Identify some of the complex legal, ethical, and social issues involved in surrogacy so that you can anticipate some of the situations your practice could face
- Discuss the advantage of cell-free DNA Prenatal aneuploidy screening
- Recognize the challenges of detecting fetal aneuploidy from maternal cell-free DNA List common causes of false negative and false positive cfDNA screening results
- Describe secondary or incidental finding that may arise from cell-free DNA prenatal aneuploidy screening
- Identify the pharmacologic options available for management of GDM
- Discuss the recommendations from both the ACOG and SMFM
- Identify appropriate blood sugar targets for GDM management
- Discuss the epidemiology of the opioid epidemic in pregnant women
- Discuss the maternal, fetal, and neonatal risks of opioid use in pregnancy
- Identify considerations for the utilization of opioids for management of postpartum pain in the opioid-naïve patient



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REGISTRATION FORM *(please type or print clearly)*

Full Name		Name for Badge		
Group/Hospital				
Address		City	State	Zip
Phone		Email*		

***Please be sure to include your email. We will email you a receipt as well as the electronic syllabus link.**

Conference registration fee includes your CME tuition, an e-syllabus, breakfast and lunch on Friday, the Friday night reception and breakfast on Saturday for attendee only. Guests/spouse are welcome to attend the reception for an additional \$40 each.

- My food preference is gluten free My food preference is vegetarian My food preference is vegan
- I will attend the Friday Night Reception immediately following the meeting.

■ CONFERENCE REGISTRATION

- | | | |
|--|----------|-------|
| <input type="checkbox"/> WSOA Member | \$425.00 | _____ |
| <input type="checkbox"/> Non-Member | \$575.00 | _____ |
| <input type="checkbox"/> RN's and Midwife | \$295.00 | _____ |
| <input type="checkbox"/> Life Member and Administrator | \$295.00 | _____ |
| <input type="checkbox"/> Reception Guest | \$40.00 | _____ |
| <input type="checkbox"/> Support a Resident | \$100.00 | _____ |
| <input type="checkbox"/> PAY MY 2019 DUES | \$135.00 | _____ |

TOTAL ENCLOSED: _____

■ PAYMENT

Mail to: **WSOA**, 14113 150th Pl SE • Renton, WA 98059

- Enclosed is my check made payable to: **WSOA**
- Credit Card Payment ▶ Pay online at www.wsoaonline.org You do not need to have a PayPal account.



**Washington State
Obstetrical Association**

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Washington State Obstetrical Association

2018 ANNUAL MEETING

The Fairmont/Olympic Hotel

411 University Street ☺ Seattle, WA 98101
206-621-1700

Group room rates start at \$255 plus applicable taxes. Call the hotel directly at 206-621-1700 ext. 3131. Be sure to mention Washington State Obstetrical Association (WSOA) to receive the group room rate. Space is limited!